

April 2008

Improving Mental Health in Primary Care Through Access, Collaboration, and Training

IMPACT Children’s Mental Health E-News

The American Academy of Pediatrics (AAP) is pleased to bring you the April 2008 issue of the Improving Mental Health in Primary Care Through Access, Collaboration, and Training (IMPACT) E-News. Each E-News issue contains the latest news, research, and resources in children’s mental health; upcoming conferences and Web casts; funding opportunities; as well as current articles of interest in *Pediatrics*. We hope this electronic publication will help you find valuable resources and information on children’s mental health. To subscribe to the electronic mailing list, or if you have any questions, comments, or ideas, please email

[mentalhealth@aap.org](mailto:mentalhealth@aap.org).

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IN THE SPOTLIGHT

*Federation of Families for Children’s Mental Health*

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The Federation of Families for Children’s Mental Health (FFCMH) is a national family-run organization linking more than 120 FFCMH chapters and state organizations focused on the issues of children and youth with emotional, behavioral, or mental health needs and their families. The FFCMH was formed in Arlington, Virginia in February, 1989 by a group of 18 individuals determined to make a difference in the way the system works.

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Members of the FFCMH are diverse. Emotional, behavioral or mental health needs cut across all income, educational, geographical, racial, ethnic, and religious groups. These needs are found among single parents and two-parent families and in birth, adoptive, and foster families.

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*The IMPACT Children’s Mental Health E-News is funded through a grant (G95MC05434) from the US Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau (MCHB), to the AAP.*

The Federation works to develop and implement policies, legislation, funding mechanisms, and service systems that utilize the strengths of families. Its emphasis on advocacy offers families a voice in the formation of national policy, services, and supports for children with mental health needs and their families.

**Vision**

Through a family and youth driven approach, children and youth with emotional, behavioral, and mental health challenges and their families obtain needed support and services so that children grow up healthy and able to maximize their potential.

**Mission**

The FFCMH, serves to:

- Provide advocacy at the national level for the rights of children and youth with emotional, behavioral, and mental health challenges and their families
- Provide leadership and technical assistance to a nation-wide network of family run organizations
- Collaborate with family run and other child serving organizations to transform mental health care in America

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## IN THE SPOTLIGHT

### *Federation of Families for Children's Mental Health*

#### **The Federation Supports the National Youth Movement**

The FFCMH believes that youth and young adults have a strong voice and they support the development of the national youth organizations, Youth MOVE National (Motivating Others through Voices of Experience). Youth MOVE National, a subsidiary of the FFCMH, is a youth led national organization devoted to improving services and systems that support positive growth and development by uniting the voices of individuals who have lived through experiences in various systems including mental health, juvenile justice, education, and child welfare.

For more information about the Federation of Families for Children's Mental Health, visit there Web site at [www.ffcmh.org](http://www.ffcmh.org) or call 240/403-1901.

## UPDATES

### Web casts

#### **Mental Health in Pediatric Primary Care**

This online series from the Northwest Area Health Education Center at Wake Forest University School of Medicine discusses screening, diagnosis, management, and referral of children with mental health disorders. It is now available with 6 recorded presentations.

#### **Data Matters**

This interactive electronic newsletter from Georgetown University Center for Child and Human Development highlights the importance of data to keep readers up-to-date on the latest in the field of children's mental health.

### Conferences/ Educational Opportunities

#### **The Child and Adolescent Psychiatry Practical Review—May 1-4, 2008, Two Harbors, MN**

This conference is St. Cloud Hospital's 7th Annual Child and Adolescent Psychiatry Practical Review for Primary Care and Mental Health Professionals. It will provide an opportunity for education, dialogue, networking, and learning together. In the spirit of collaboration, St Cloud offers this educational forum to bring family physicians, pediatricians, advanced practice nurses, child and adolescent psychiatrists, nurses, educational professionals, and other mental health and health care professionals together for an intensive exploration and training on improving skills and current systems to better meet the rising mental health needs of children and youth.

#### **Georgetown University Training Institutes—July 16-20, 2008, Nashville, TN**

This conference offers an opportunity to obtain in-depth, practical information on how to develop and operate comprehensive, coordinated, community-based systems of care and how to provide high-quality, effective, clinical interventions and supports.

#### **CityMatCH Urban Maternal and Child Health Leadership Conference—September 20-23, 2008, Albuquerque, NM**

The CityMatCH is a freestanding national membership organization of city and county health departments' maternal and child health programs and leaders representing urban communities in the US. The theme of the 2008 CityMatCH conference is "A Life Course Perspective: Pathways for Improving Practice in Urban MCH."

## AWARDS/ FUNDING OPPORTUNITIES

### Vulnerable Populations Portfolio Grants—Due: Continuous

The Robert Wood Johnson Foundation is seeking proposals on new community-based approaches to health and health care problems that intersect with social factors.

### Health and Mental Health Grants Program—Due: Rolling

The Jacob and Hilda Blaustein Foundation is seeking applications for the health and mental health grants program, which seeks to increase access for underserved individuals to quality health care.

### Healthy Community Grants Program—Due: Rolling

The Aetna Foundation will award up to \$3 million for philanthropic initiatives focused on community-based initiatives that increase access to quality health care and improve overall wellness. Initiatives may include early treatment and diagnosis to help minimize the incidence of disabilities due to mental health issues.

### Access to Care—Due: Rolling

The Hearst Foundation is offering grants to nonprofit organizations that seek to improve and assure access to quality health care for underserved populations in both urban and rural areas. Grants are primarily awarded to leading regional hospitals, medical centers, and specialized institutions.

### Additional Funding Opportunities for Community-Based Initiatives

The AAP Division of Community-Based Initiatives provides information on funding from the AAP and other organizations, as well as links to key funding resources and agencies.

## RESOURCES & RESEARCH

Please note that some of the links provided will take you to the abstract for the article and there may be additional steps necessary to view the full text.

### Health Care Access and Utilization Fact Sheet

This fact sheet from the National Adolescent Health Information Center (NAHIC) at the University of California at San Francisco (UCSF), provides the latest data on health insurance, types of health care visits, dental care, hospitalizations, and unmet needs. The fact sheet shows trends and presents data by age, gender, income level, and race/ethnicity.

### Food and Drug Administration Requiring Suicide Studies in Drug Trials

The Food and Drug Administration (FDA) is now requiring drug makers to study closely whether patients become suicidal during clinical trials.

### Hospital Length of Stay for Children and Adolescents Diagnosed With Depression: Is Primary Payer an Influencing Factor

This study examined the distribution by primary payer of US patients aged 5-18 years who were hospitalized with a primary diagnosis of depression and to determine the mean hospital length of stay and mean charge per day by payer type.

### Towards Better Behavioral Health for Children, Youth, and Their Families: Financing That Supports Knowledge

This paper from the National Center for Children in Poverty provides an overview of sources of funding that underwrite children's behavioral health services, illuminating the flaws and prospects of various policy choices.

## *More RESOURCES & RESEARCH*

### [Temper Tantrums in Healthy Versus Depressed and Disruptive Preschoolers: Defining Tantrum Behaviors Associated With Clinical Problems](#)

This study investigated whether differences in tantrum behaviors of healthy versus mood and disruptive disordered preschoolers can be detected.

### [Adolescents' Perceived Weight Associated With Depression in Young Adulthood](#)

This study examined whether adolescents' measured BMI and self or mother's perception of weight status at age 14 was associated with depression at age 21.

### [Using Mental Health Consultation to Decrease Disruptive Behaviors in Preschoolers: Adapting an Empirically-Supported Intervention](#)

This study examined the effectiveness of an adaptation of an empirically-supported intervention delivered using mental health consultation to preschoolers who displayed elevated disruptive behaviors.

### [Children's Behavioral Health Services in Baltimore: Walking the Continuum](#)

This report offers some of the impressions from a 2007 site visit that explored the range of behavioral health services available for children in the city of Baltimore and in the state more broadly.

### [Integrating Mental Health Considerations into School Improvement Planning](#)

A new online resource from the Center for Mental Health in Schools at UCLA outlines a comprehensive approach and stresses that its development is dependent on fully integrating the necessary systematic changes into school improvement policy and practice.

### [Reducing Maternal Depression and Its Impact on Young Children](#)

This issue brief provides an overview of why it is important to address maternal depression as a central part of the effort to ensure that all young children enter school ready to succeed.

### [Surgeon General's Workshop Report on Women's Mental Health](#)

This workshop report summarizes the views and issues addressed by invited speakers at the workshop held November 30 through December 1, 2005 in Denver, CO.

### [Ethnic Disparities in Special Education Labeling Among Children With Attention Deficit/Hyperactivity Disorder \(ADHD\)](#)

The authors examined disparities in special education labeling among children diagnosed with ADHD.

### [The Effects of Childhood Stress on Health Across the Lifespan](#)

This publication summarizes the research on childhood stress and its implications for adult health and well-being.

### [National Survey of Children With Special Health Care Needs Chartbook 2005-2006](#)

The Maternal and Child Health Bureau is pleased to announce the release of the National Survey of Children with Special Health Care Needs Chartbook. This chartbook provides national and state-level data on children and youth with special health care needs.

### [Critical Services for Our Children: Integrating Mental and Oral Health into Primary Care](#)

Grant Makers in Health's latest issue brief explores how the fragmentation of mental health and oral health services contributes to access barriers and compromises the quality of pediatric care. The report also examines how growing awareness has led to innovative efforts to integrate these important services into children's care.

The current issue of the AAP journal *Pediatrics* is now available online. Articles of interest include:

**January**

**Managing Attention-Deficit/Hyperactivity Disorder in Primary Care: A Systematic Analysis of Roles and Challenges**

Thomas J Power, PhD, Jennifer A Mautone, PhD, Patricia H Manz, PhD, Leslee Frye, MS and Nathan J Blum, MD  
Pediatrics 121: e65-e72

**A Randomized, Double-Blind, Placebo-Controlled Study of Gaunfacine Extended to Release in Children and Adolescents With Attention-Deficit/Hyperactivity Disorder**

Joseph Biederman, MD, Raun D Melmed, MD, Anil Patel, MD, Keith McBurnett, PhD, Jennifer Konow, RN, Andrew Lyne, MSc, CStat, Noreen Scherer, BA and for the SPD503 Study Group  
Pediatrics 121: e73-e84

**Expert Survey of the Management of Adolescent Depression in Primary Care**

Amy H Cheung, MD, Rachel A Zuckerbrot, MD, Peter S Jensen, MD, Ruth EK Stein, MD, Danielle Laraque, MD and the GLAD PC Steering Committee  
Pediatrics 121: e101-e107

**Psychotropic Medication Patterns Among Youth in Foster Care**

Julie M Zito, PhD, Daniel J Safer, MD, Devadatta Sai, MS, James F Gardner, ScM, Diane Thomas, BA, Phyllis Coombes, MA, Melissa Dubowski, BS and Maria Mendez-Lewis, MPA  
Pediatrics 121: e157-e163

**February**

**Youth in Foster Care With Adult Mentors During Adolescence Have Improved Adult Outcomes**

Kym R Ahrens, MD, MPH, David Lane DuBois, PhD, Laura P Richardson, MD, MPH, Ming-Yu Fan, PhD and Paula Lozano, MD, MPH  
Pediatrics 121: e246-e252

**Improving Child and Parent Mental Health in Primary Care: A Cluster-Randomized Trial of Communication Skills Training**

Lawrence Sagin Wissow, MD, MPH, Anne Gadowski, MD, MPH, Debra Roter, DrPH, Susan Larson, MS, Jonathan Brown, PhD, MHS, Ciara Zachary, BA, Edward Bartlett, MD, Ivor Horn, MD, MPH, XiangHua Luo, PhD and Mei-Cheng Wang, PhD  
Pediatrics 121: 266-275

**March**

**Psychotropic Medication Use Among Medicaid-Enrolled Children With Autism Spectrum Disorders**

David S Mandell, ScD, Knashawn H Morales, ScD, Steven C Marcus, PhD, Aubyn C Stahmer, PhD, Jalpa Doshi, PhD and Daniel E Polsky, PhD  
Pediatrics 121: e441-e448

Permission is given to forward the IMPACT Children's Mental Health E-News to individual colleagues.  
The editors welcome your submissions, suggestions, and questions.

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